

LUNCH

THURSDAY, OCTOBER 29, 2026

ITALIAN SPAGHETTI



gluten-free pasta available

CALORIES	SODIUM	PROTEIN	FAT	CARBS	CHOLESTEROL	FIBER
350	475mg	16g	12g	45g	40mg	2g

FRIED CHICKEN



numbers may vary with type of chicken

CALORIES	SODIUM	PROTEIN	FAT	CARBS	CHOLESTEROL	FIBER
300	450mg	16g	19g	16g	84mg	1g

BUTTERNUT RISOTTO



CALORIES	SODIUM	PROTEIN	FAT	CARBS	CHOLESTEROL	FIBER
182	270mg	5g	6g	27g	10mg	2g

HEARTY GARDEN SPAGHETTI



gluten-free pasta available

CALORIES	SODIUM	PROTEIN	FAT	CARBS	CHOLESTEROL	FIBER
260	675mg	15g	2g	48g	0mg	5g



contains wheat



contains egg



contains milk



vegetarian



vegan



contains pork



contains fish



contains shellfish



contains nuts



ask about allergen

DINNER

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SOUTHWEST CHICKEN W/ MUSHROOMS



CALORIES	SODIUM	PROTEIN	FAT	CARBS	CHOLESTEROL	FIBER
437	450mg	21g	37g	5g	130mg	1g

CUBAN-STYLE PORK BITES



CALORIES	SODIUM	PROTEIN	FAT	CARBS	CHOLESTEROL	FIBER
340	207mg	30g	21g	7g	75mg	0g

CREAMY VEGETABLE POT PIE



CALORIES	SODIUM	PROTEIN	FAT	CARBS	CHOLESTEROL	FIBER
320	370mg	6g	18g	33g	0mg	3g



contains wheat



contains egg



contains milk



vegetarian



vegan



contains pork



contains fish



contains shellfish



contains nuts



ask about allergen